

## Cheri Kempf – Owner/Instructor

Cheri Kempf is owner and Pitching Instructor at Worth Club K. She has taught and trained thousands of athletes at Club K since 1991. Best known for her pitching expertise, she has consulted with the Amateur Softball Association and the United States Olympic Committee to develop universal standards by which to teach fastpitch pitching.

Kempf has more than 30 years of experience playing and coaching softball at all levels. In college, Kempf was a three-time All American, and an NAIA National Champion. In amateur softball, Kempf was an ASA National Champion in youth ball before moving onto the staff of the world-renowned Raybestos Brakettes in the ASA Women's Major Division. While on the Brakettes, the team captured two ASA National Championships. In 1992, Kempf was a member of the United States National Team that went on to win a gold medal in the World Cup competition in Beijing, China.

Kempf has been inducted into the NAIA Collegiate Hall of Fame, the Missouri State ASA Hall of Fame and the Missouri Western State College Hall of Fame. A member of the Women's Sports Foundation and the National Fastpitch Coaches Association, she has done extensive motion analysis research at the premier biomechanics lab in the United States, the American Sports Medicine Institute in Birmingham, Alabama. Along with coaching NCAA Division I softball for four seasons, Kempf currently is a member of the USA Softball Coaching Pool and Pitching Coach for the USA Junior National Team. She has written a book and DVD of the same title, *The Softball Pitching Edge*. Along with Dartfish, the world renown software company in sports, Cheri has created the most extensive and intensive breakdown of the pitching motions involved in the fastball, drop, rise, screw, and curve. She is also the inventor of the Spin Right Spinner, a training device used to teach the correct mechanics of the pitching movement to softball and baseball pitchers, and the Powerline Mat which provides distinctive marking specifically for pitching, along with a consistent and safe surface on which to practice pitching.

Cheri is also recognized as a popular television analyst for college and professional softball. She has been seen and heard on ESPN, ESPN2, ESPNU, Fox Sports, the YES Network, Cox Sports Television, and Comcast Cable Network.